

A PRAYER FOR THE ANXIOUS



A prayer and 8 memory verses



Bella's Boutique by Isabella Hayward-Mullett

A PRAYER FOR THE ANXIOUS



Dear God,

Thank you for being a God who brings peace and comfort to me in times of distress. Thank you for being a God who can cleanse my body and my mind from all anxious thoughts. God, please fill my soul with your presence. Help me to feel your healing hands upon me. Help me to set my focuses on you so that I may bask in your glory. When I am weary, God, you are strong! I am placing all of my burdens in your hands. The same hands that molded me in my mothers womb. You know my heart, my inward most being. I know that with Christ within me I can overcome all things. Guide me in your ways. I love you and I thank you.

It is In Jesus's name I pray.

Amen.

Matthew 11:28-30

"Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light."

Psalms 139:13-14

For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

2 Corinthians 12:9-11

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.



2 Corinthians 13:11

Finally, brothers and sisters, rejoice! Strive for full restoration, encourage one another, be of one mind, live in peace. And the God of love and peace will be with you.

Philippians 4:7

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Proverbs 8:30-35

Then I was constantly at his side. I was filled with delight day after day, rejoicing always in his presence, rejoicing in his whole world and delighting in mankind.

Isaiah 41:13

For I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you.

